Geriatrics and Extended Care – 2020 and Beyond

Empowering Veterans and the Nation to overcome the challenges of aging, disability, or serious illness

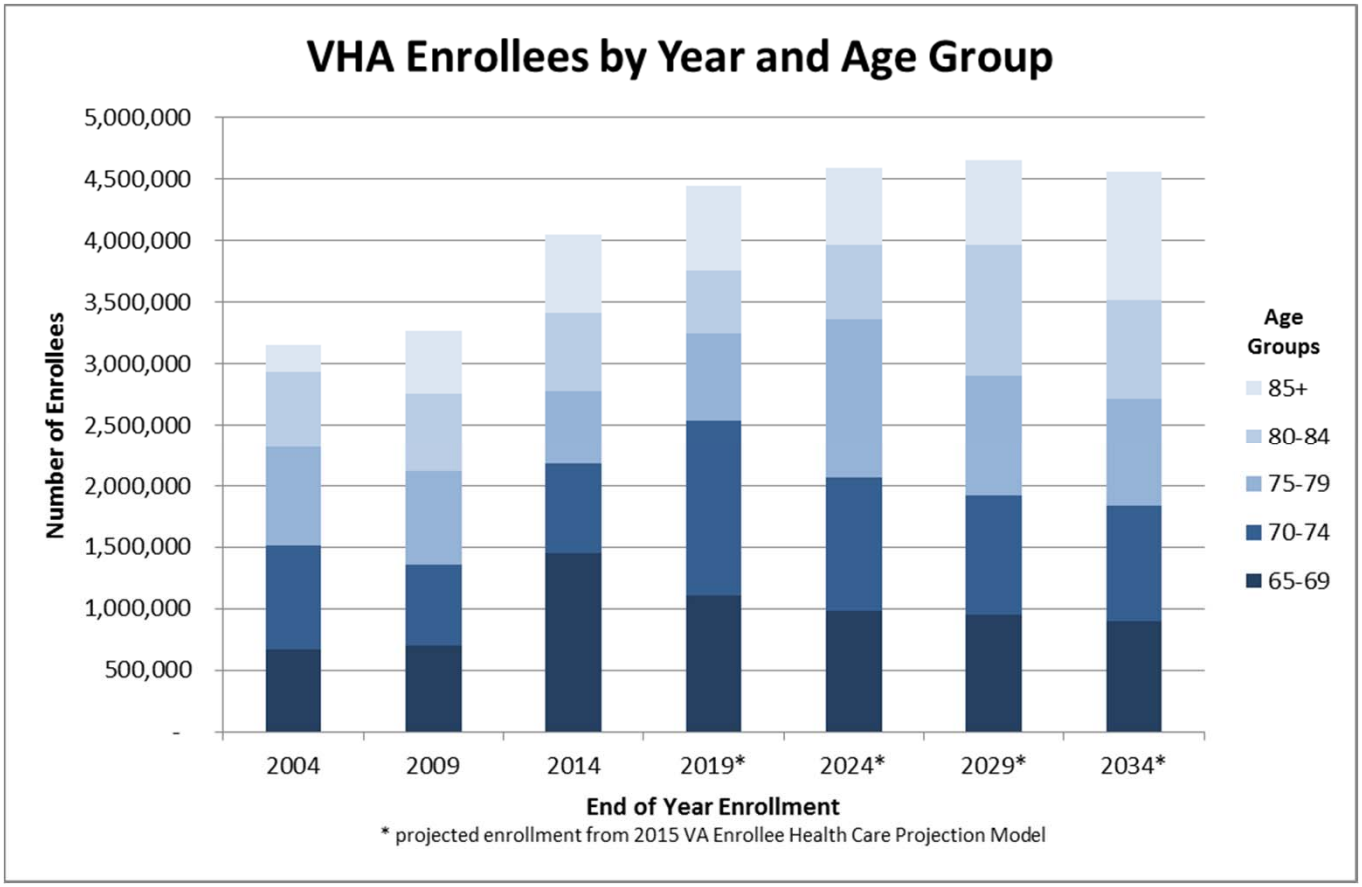
October 6, 2015

VA HEALTH CARE | Defining EXCELLENCE in the 21st Century

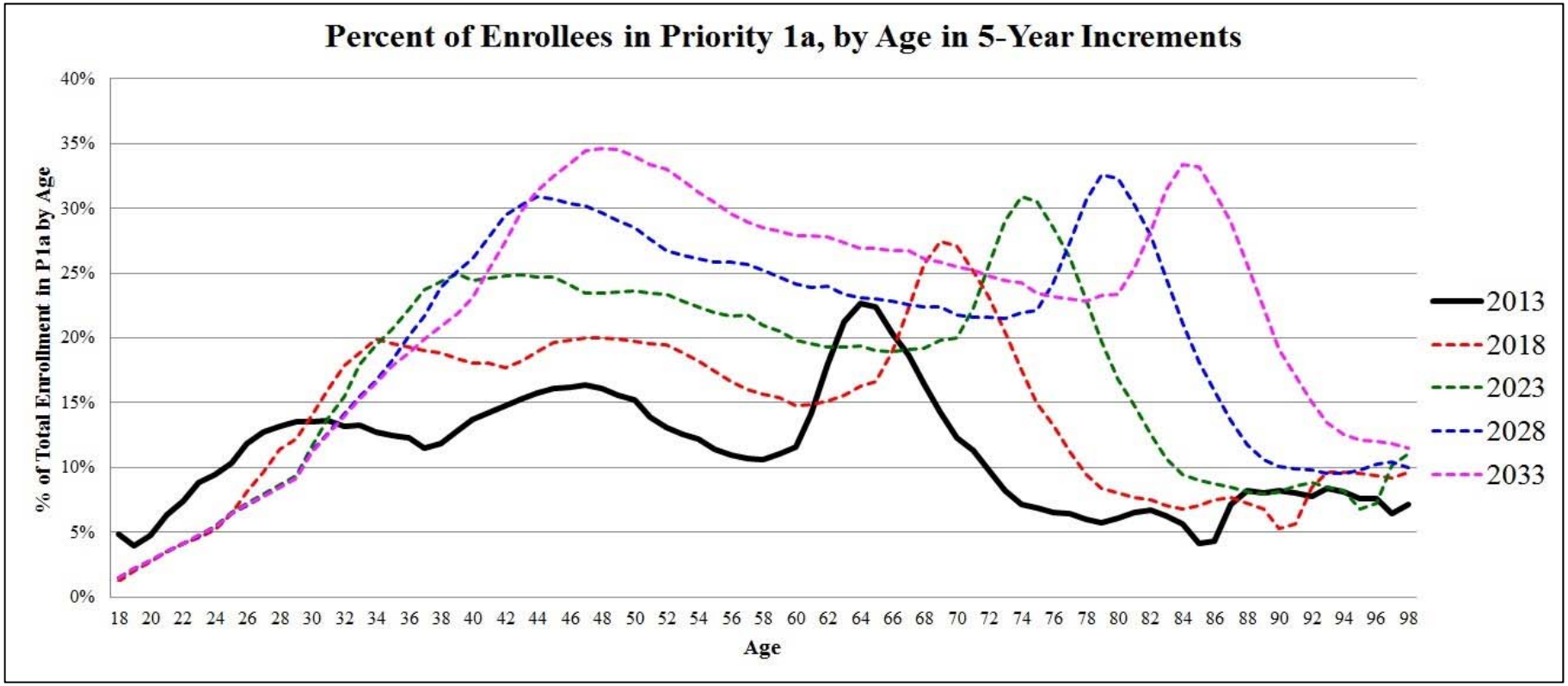
GEC Mission

Honor Veterans' preferences for health, independence, and well-being in the face of aging, disability, or illness by advancing expertise, programs, and partnerships.

Enrollees by Year and Age Group



Percentage of Highly Service-Connected Veterans (P1As) for Whom VA Must Provide Nursing Home Care

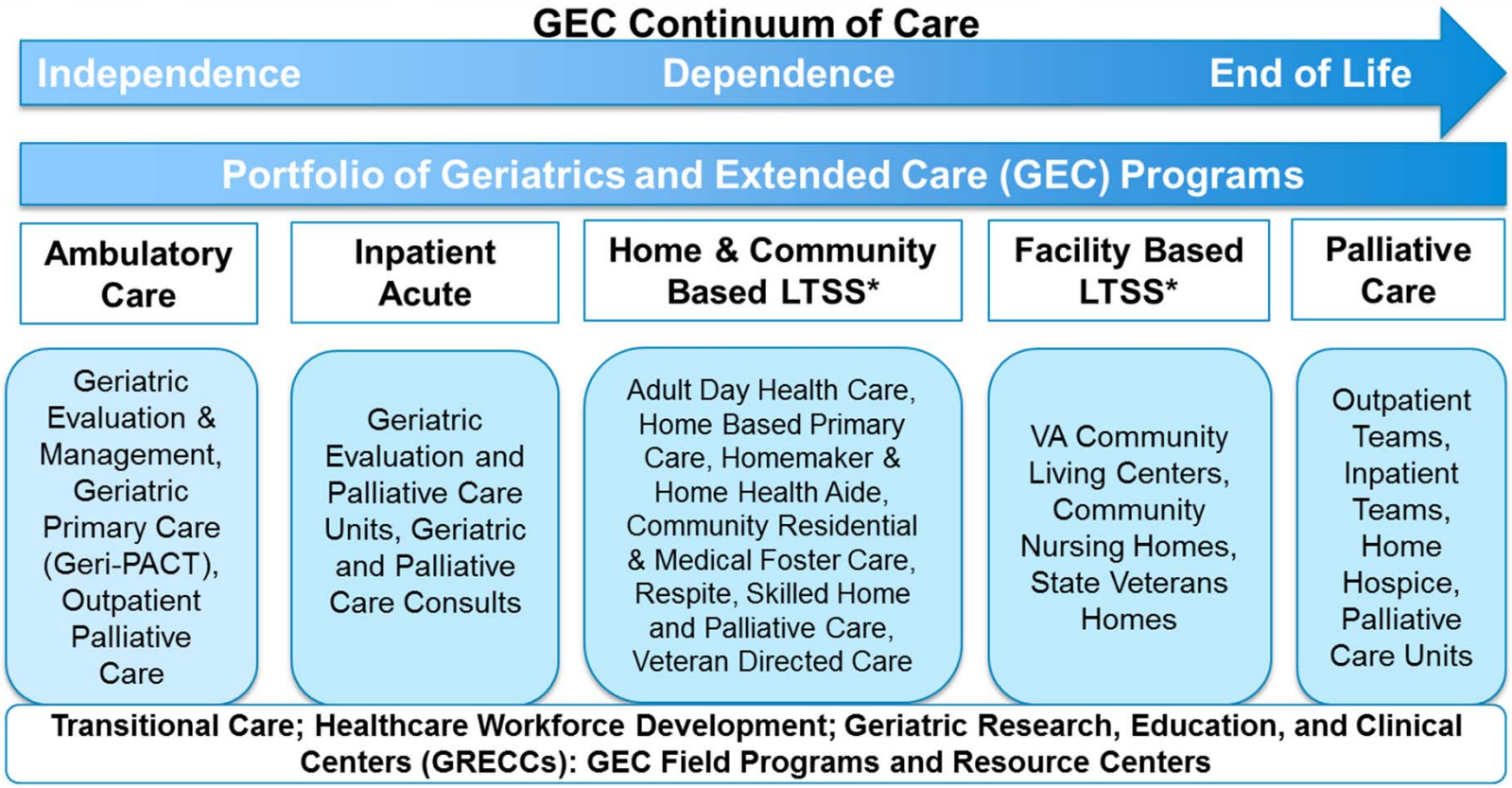


Total number of enrollees ≥ age 65 will increase from 4.1 to 4.7 million and number of priority1a Veterans will increase from 500K to 1.0 million between 2013 and 2023.

GEC ABC's - Strategic Priorities

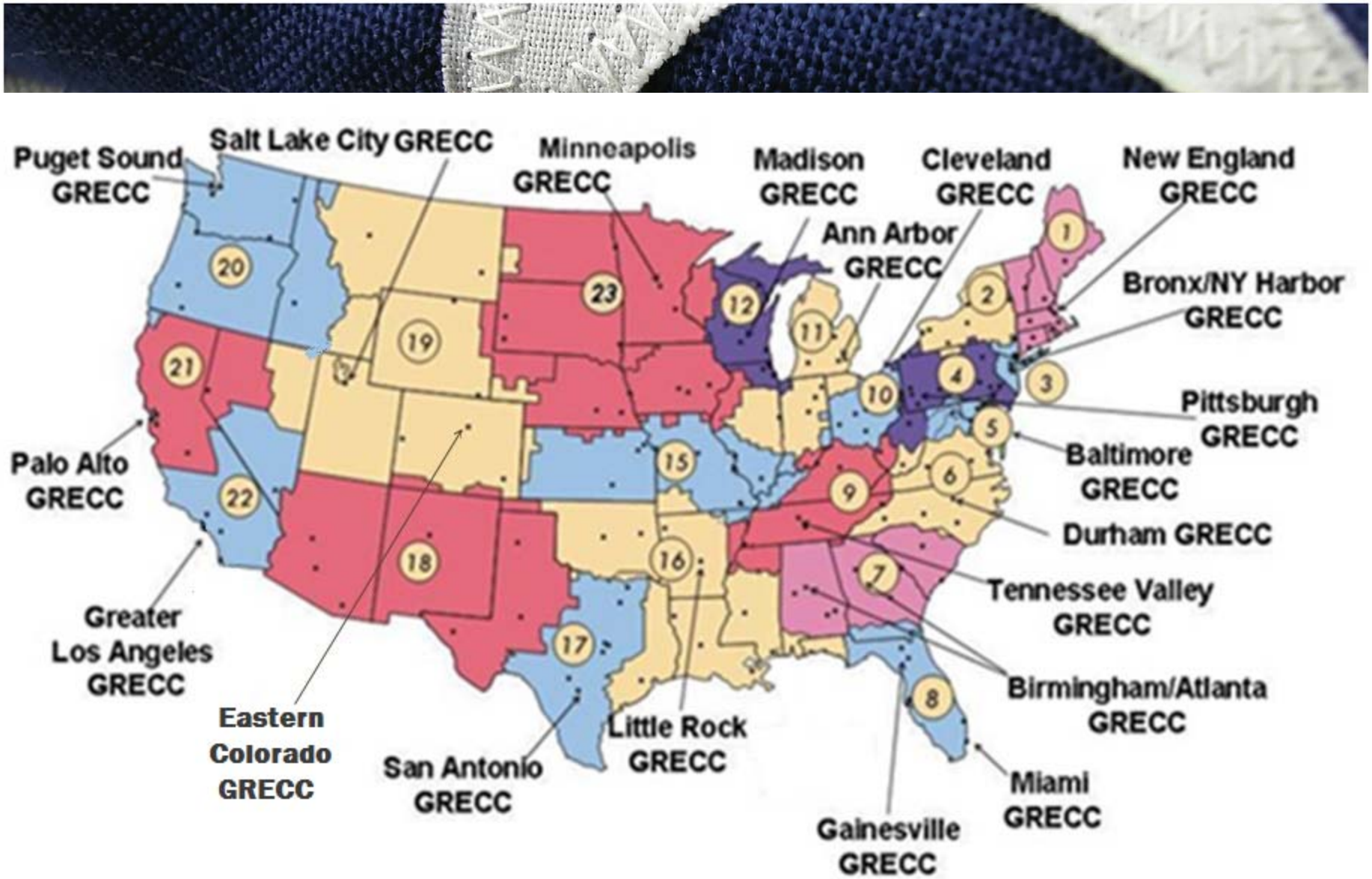
- **A**CCESS: Optimize the health, independence, and well-being of Veterans by ensuring **access** to Geriatrics, Palliative Care, and long term services and supports (LTSS) in facilities, home and community-based settings.
- **B**ALANCE: Honor Veterans' preferences by increasing the delivery of long term services and supports (LTSS) in home and community-based settings, thereby reducing preventable hospital and nursing home stays and emergency department visits.
- **C**ARE COORDINATION: Improve care quality and enhance the experiences of Veterans facing the challenges of aging, disability or serious illness by supporting optimal **care coordination and management,** especially when home care is needed or during transitions between care settings.

GEC OPTIMIZES THE HEALTH, INDEPENDENCE, AND WELL-BEING OF VETERANS BY ENSURING ACCESS TO PALLIATIVE CARE, GERIATRICS AND LONG TERM SERVICE AND SUPPORTS



Mandated GEC Programs for all enrolled Veterans: Adult Day Health Care, Geriatric Evaluation, Hospice & Palliative Care, Home Based Primary Care, Homemaker Home Health Aide, Purchased Skilled Care and Respite. Nursing home care must be purchased or provided for ≥ 70% service connected Veterans or for service-related disability care.

*Long term services and supports


Puget Sound GRECC
Salt Lake City GRECC
Minneapolis GRECC
Madison GRECC
Cleveland GRECC
New England GRECC
Ann Arbor GRECC
Bronx/NY Harbor GRECC
Pittsburgh GRECC
Baltimore GRECC
Durham GRECC
Tennessee Valley GRECC
Birmingham/Atlanta GRECC
Miami GRECC
Gainesville GRECC
Little Rock GRECC
San Antonio GRECC
Eastern Colorado GRECC
Greater Los Angeles GRECC
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Innovations and Improvements in Care in Geriatrics and Extended Care

167 Innovative, Non-Institutional Long Term Care Models Implemented FY 2010-14

- Advanced Care Planning
- Shared Decision Making
- Care Management
- Delirium Care
- Dementia Programs
- Geriatric Consultation
- Geriatric Patient Aligned Care Teams (GERI-PACT)
- Hospital in Home
- Home Based Primary Care
- Hospice and Palliative Care
- Medication Reconciliation
- Rehabilitation
- Mobile Care Units
- Programs of All Inclusive Care for the Elderly (PACE)
- Staff Geriatric Education
- Transitional Care

VA Long Term Services and Supports (LTSS)

Congressional Budget FY 15 – Current Estimate

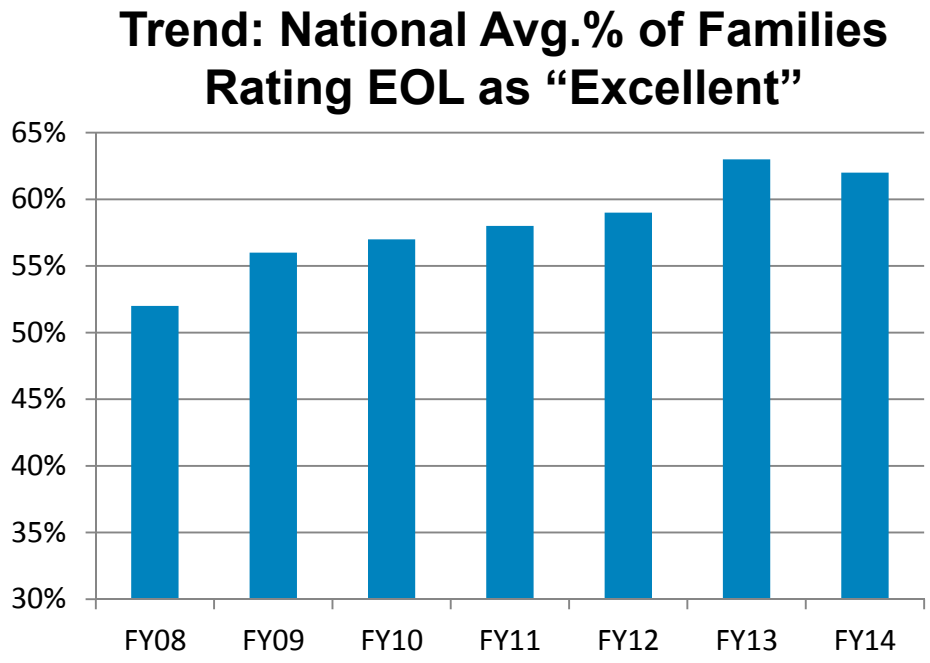
Program	Budget
Facility-Based Care	
Community Living Centers	$3.4 Billion
Community Nursing Homes	$0.8 Billion
State Veterans Homes	$1.0 Billion
Subtotal Facility-based Care	**$ 5.2 Billion**
Home and Community Based Care	
Personal Care Services (HHHA, Home Respite, ADHC)	$0.5 Billion
HBPC	$0.7 Billion
Other (VA/SVH ADHC, Purchased Skilled, Hospice, SCI Home Care, Home Telehealth, CRC, MFH)	$0.6 Billion
Subtotal Home and Community Based Care	**$1.8 Billion**
Total Long Term Support and Services (LTSS)	**$7.0 Billion**

Costs for Geriatrics and Palliative Care components are in Primary Care, Medical Specialty, and Acute Care Business Areas

Geriatrics and Extended Care Metrics, Dashboard, and Data: Measuring and Understanding Success

Success Story: Moving Palliative Care Upstream

Trend: Days between Palliative Care Consult & Inpatient Death		
		>30 days
National Total	FY14	39%
	FY13	37%
	FY12	34%
	FY11	30%



Geriatrics and Extended Care: The Veteran Experience

- Home Based Primary Care
  - "They kept me out. ….When you go from five [ER visits] to none, somebody is doing their job."

- Hospice/Palliative Care
  - "All the love I've ever needed in my life is here. …I could get to a point where I really don't care about much of anything. And the people here provide me with the love to never have to go in that direction. It keeps me alive that love."

Geriatrics and Extended Care: The Veteran Experience

- Veteran Directed Care
  - "My daughter has lost so much of her independence and she is so young. This program allows her to live in the community where she grew up, close to her support network, and it gives her a degree of control over her care and her future."

- Medical Foster Homes
  - "Freedom. I have freedom. I just appreciate all the VA has done to make living here more comfortable and safe, definitely safe."

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